

**ABBOTSFORD 12 FOOT FLYING  
SQUADRON INCORPORATED**

*Sailing  
Instructions for  
Competitors*

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# *SAILING INSTRUCTIONS FOR COMPETITORS*

## **1. GENERAL**

These Sailing Instructions are for the purpose of organisation, conduct and judging of the sport of skiff racing by the Abbotsford 12 Foot Flying Squadron Incorporated (the Club).

The Sailing Instructions are organised into two documents:

- (1) Sailing instructions for competitors (referred to from hereon as just Sailing Instructions) which contain rules relevant to competitors. This document contains the Sailing Instructions.
- (2) Race Management Instructions. Race Management Instructions are instructions for race organisers and contain rules relevant to organising racing events.

## **2. INTERPRETATION**

- (1) Any conflict between these instructions or any ambiguity within an instruction shall be interpreted in a manner that fosters the objectives of the Club.
- (2) Unless specifically defined in the Sailing Instructions, terms and principles of interpretation defined or set out in the Club Rules shall have the same meanings or application, as the case may be, in the Sailing Instructions.
- (3) From time to time these Sailing Instructions may be referred to as sailing rules or regulations, but such description shall convey no inference or effect whatsoever that the Sailing Instructions form any part of the Rules of the Club in terms of the definition of "rules" in section 3 of the Associations Incorporation Act 1984.
- (4) Any reference in these Sailing Instructions to "skiff" shall be a reference to any craft in every sailing class approved of by the Club.
- (5) Headings and indices are for convenience only and shall not affect interpretation.

## **3. ALTERATION TO SAILING INSTRUCTIONS**

Unless otherwise provided for in these Sailing Instructions, any Sailing Instruction or any motion already passed may be altered or abolished or any new Sailing Instructions added hereto at any General Meeting of the Club if a three-quarters majority of financial members voting at the General Meeting vote in favour of such proposal. At least one week's notice of the proposed motion must be given by lodging the notice with the Honorary Secretary.

Excepting where changes are made in the interests of safety or to comply with the requirements of a statutory body, any change to the Club's Courses or Sailing Instructions will not take effect until the beginning of the next full sailing season after the adoption of the change by the Club.

If such motion is defeated, the same motion cannot be moved again in less than eight weeks.

The notice period for such motions, unless otherwise provided for, does not pertain to actions in the administration of the Sailing instructions.

## **4. RACING RULES**

- (1) The races conducted by the Club shall be governed by the International Sailing Federation (I.S.A.F.) Rules, the prescriptions and safety regulations of the Australian Yachting Federation (as amended by the various class associations for sailing skiffs approved of by the Club), the rules of these various class associations (except as any of these are altered by these Sailing Instructions) and by these Sailing Instructions.
- (2) These Sailing Instructions shall take precedence over any class association rule, regulation etc.

## **5. RESPONSIBILITY**

- (1) All those taking part in Club races and activities do so at their own risk and responsibility.
- (2) The Club is not responsible for the seaworthiness of a skiff whose entry is accepted or the sufficiency or adequacy of its equipment or the competence of its crew.
- (3) The Club reserves the right to refuse an entry.
- (4) Attention is drawn to I.S.A.F. Part I Fundamental Rules- 4. DECISION TO RACE which states: - "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- (5) A consent form, which shall be in the form as approved by the committee, shall be completed and lodged with the Honorary Secretary for all persons under the age of eighteen, prior to their becoming involved in any Club activity.
- (6) I.S.A.F. Rule 40 does not apply to any Club Race. All competitors shall wear personal buoyancy in accordance with legislation and class requirements.

## **6. ENTRIES FOR RACES**

See Race Management Rule 11.

## 7. REGISTRATION OF SKIFFS INCLUDING FEES

See Race Management Rule 17.

## 8. MEASUREMENT OF COMPETING SKIFFS

Before a skiff competes in any Club race, its measurements must comply with the requirements of its class. It shall not compete until it does comply or a resolution permitting it to do so is carried at a Sailing Committee Meeting. The measurement rules of each class shall be those currently in use by their respective class associations. Club owned Training Boats need not comply.

## 9. IDENTIFICATION SIGNS

Before a skiff competes in any Club race it shall have its registered sail insignia or number attached to both sides of its mainsail and its registered name and the letters "A.12 F.S." applied to its hull.

A skiff competing with a sail not carrying the correct identification may compete only after notifying the starter of the sail insignia.

## 10. SKIPPERS AND CREWS

- (1) No person shall compete in any Club event as a skipper unless that person is a financial member of the Club or a visitor (see R.M. 11(3)), excepting that any person who is a nominee for membership of the Club may compete until determination of the nomination by the committee.
- (2) No person shall compete in more than three Club events as crew unless that person is a financial member of the Club, excepting that any person who is a nominee for membership of the Club may compete until determination of the nomination by the committee.
- (3) However, a financial member of another affiliated club of the same class may sail a registered skiff by invitation in any three races in any one season, excluding Club Championships, provided that the regular skipper is unavailable.
- (4) In the case of crew's trophy, the points and or trophy as applicable shall be awarded to the first skiff to finish in which the crew member as designated by the trophy is a financial member.
- (5) If a skiff appears at the start of an event with any skipper other than the skipper nominated in terms of Sailing Instruction (see R.M. 11), such skiff shall be given a handicap equal to the skiff with the lowest allocated handicap in the registered fleet.
- (6) No skipper or crew shall be changed during a race.
- (7) Any challenge to the eligibility of a skipper or crew to compete shall be resolved prior to the acceptance of the result of that race.

## 11. SIGNING ON/OFF

All skippers and crews are required to "sign on" before starting in each race and to "sign off" after each race within 30 minutes after the last boat finishing the race they competed in. Failure to comply with this Sailing Instruction may result in disqualification.

## 12. STARTER

The competing skiffs shall be under the control of the starter from the hoisting of the warning signal for their class.

Unless otherwise determined by the Sailing Committee or the Officer of the Day, the signals for starting Club events shall be displayed from the starting vessel.

Any skiff not starting in accordance with the Sailing Instructions shall be declared a non-starter.

## 13. STARTING RACES

- (1) The starting line shall be in the area between Battersea, Cabarita Point and France Bay, unless otherwise determined by the Sailing Committee or the Officer of the Day.
- (2) The course number shall be displayed by the starter at the time of the warning signal.
- (3) Starting Races: I.S.A.F. Rule 26. (5 Minute countdown)

## 14. MAXIMUM SAILING TIMES

12 Foot Skiffs	3 hours plus handicap	Laser, Laser Radial & Laser 4.7	3 hours plus handicap
Restricted 12 Foot Skiffs	3 hours plus handicap	Flying Elevens	3 hours plus handicap
2up Sabot	3 hours plus handicap	420's	3 hours plus handicap
Sabot Cadets	2 hours	1up Sabot	3 hours plus handicap
		Open Class	3 hours plus V.Y.C. yardstick

## **15.FINISHING RACES**

- (1) The finishing line for all classes shall be between the judge in the Clubhouse and the designated white post on the shore to the North.
- (2) A skiff shall have finished as soon as any part of its hull, crew or equipment, in its normal position, crosses the finishing line.

## **16.SHORTENED COURSE (I.S.A.F. 32)**

Such shortening shall be done by selecting an appropriate mark of the course, or setting a temporary mark. Skiffs shall round this mark then proceed directly to the usual finishing line. Skiffs shall be notified of such shortening before rounding the selected mark. If the mark selected is not the next mark of the course, adequate notice shall be given to enable skiffs to sail a proper course to the shortening mark.

## **17.HANDICAPPING**

See Race Management Rule 18.

## **18.POINT SCORE**

See Race Management Rule 19

## **19.CLUB CHAMPIONSHIP**

See Race Management Rule 20

## **20.REEFING**

Changing mainsails during a race is not permitted, however reefing or shaking out a reef is permissible.

## **21.PROTEST**

- (1) Any protest concerning any race must be lodged with the Officer of the Day within two hours of the finish of the race, accompanied by a protest fee of five dollars. The Officer of the Day shall hand on the Protest Form to the Class Co-ordinator. The Class Co-ordinator, in consultation with two Officers of the Club is to convene a committee of three to hear the protest as soon as practicable following the incident in question at a time agreed to by ALL parties concerned. The protest committee is to consist of three including a voting chairman and the finding tabled at the next Sailing Committee meeting. If the protest is deemed to be frivolous, the protestor shall forfeit the protest fee.
- (2) The Protest Form following lodgement with the Club shall be available for inspection in the Clubhouse by all parties to the protest prior to the hearing of the protest.

## **22.ADVERSE WEATHER CONDITIONS**

- (1) See Race Management Rule 21

Competitors should note Sailing Instruction 5 (Responsibility).